## **Course Outline**

We Are We: Indigenizing the Truth and Reconciliation Process for White Settlers 8 Week instructor-led online class.

This is an online educational package that accompanies and reflects the book "We Are We Workbook: Indigenizing the Truth and Reconciliation Process" and is geared toward white Settlers (individuals or organizations) who have spent a couple of years unpacking their "colonial suitcase" and have a working knowledge of the complexity of the issues associated with the colonial violence and the white supremist worldview and are looking for a deeper plunge into their own process of decolonization.

Participants will enter this facilitated program with not only an academic understanding of the issues, but also have a minimum of two years of actively applying the concepts of decolonization in their private and professional lives. They will also have applied knowledge of the Truth and Reconciliation Commission's report and can give concrete examples of how they have applied the appropriate Calls to Action in their lives. They must also be able to share group space without dominating it and have good management of themselves and their own personal emotional triggers in a group setting. Applicants for this program will be chosen through an interview process to help ensure that this program is a good match for everyone's successful participation.

**Format: Online Zoom class** 

## Schedule:

- One 3-hour instructor led online Zoom class per week, for 8 consecutive weeks.
- Estimated weekly homework: 2 hours
- Class can take place in the evenings or during the day, depending on the needs of the
  majority of the cohort registered (refund or credit offered for those who cannot make
  the common time determined by group).

Fee: \$400.00 per student

This includes complementary workbook

Maximum student capacity for zoom classes: 10

## **Syllabus:**

- 1. Introduction:
  - a. Why do this work?
  - b. Who needs to do this work?
  - c. Creating a We-zone between Nations
- 2. The Question of Reconciliation

- a. What does the word "reconciliation" mean?
- b. What does "conciliation" mean?
- 3. Reconciliation with our Mother Earth to stop the ecocide
  - a. Indigenous Law: Where did it come from?
    - i. The Original Instructions (Big Laws) given to of all four colors humanitywhere did we go wrong?
    - ii. The Law of We (reciprocity)
    - iii. The Law of Water
    - iv. The Law of Woman
  - b. First People and allies' role in pulling ourselves back from the brink of extinction
  - c. Climate crisis resolution through traditional Indigenous earth-honouring laws
- 4. Adjusting our world view
  - a. Traditional Indigenous worldviews and perspectives that are common between Nations
- 5. The Truth and Reconciliation Commission:
  - a. Defining the problem and Issues
  - b. Defining the conflict between colonial oppression and life
- 6. United Nations Declaration of the Rights of Indigenous Peoples (UNDRIP)
  - a. What does it mean in relation to Settlers engaged in the Truth and Reconciliation process?
- 7. White privilege/entitlement
  - a. Continuing to unpack white privilege
  - b. The influence of Christianity on the settler collective unconscious
- 8. Settler fear of losing 'their' land
- 9. Claiming it: Owning what is ours and taking responsibility
- 10. Taming it: Making amends
- 11. Indigenizing the Truth and Reconciliation Process—Part One
  - a. A Culturally Appropriate Recipe to Help Build a Conciliatory Relationship with Indigenous People
  - b. A Little Help from Our Settler Friends
  - c. What Can Settlers Do to help?
  - d. Settler 'Naturalization' to Turtle Island
  - e. Decolonization Through Indigenization
- 12. Indigenizing the Truth and Reconciliation Process—Part Two
  - a. Laws versus Protocols in Settler culture
  - b. Laws versus Protocols in our Indigenous world
  - c. Q & A regarding the categories of Indigenous law
- 13. New Cross-cultural Adventures
- 14. A Few Tips if You Are Invited into a First Nations Person's Home
- 15. A Recipe for Conciliation and Calls to Action
- 16. The Round Table Talk of Conciliation

## Measurable Outcomes for students in this education series:

- 1. Understand their relationship to place and their responsibilities as guests on the Indigenous lands on which they reside
- 2. Applies knowledge of Indigenous "Big Laws" common amongst nations of Turtle Island
- 3. Understands their own healing journey as they recover from the impact of their own colonization
- 4. Knows how to use tools for working from personal shame toward making amends for colonial violence
- 5. Identifies helpful and responsible actions to take, in becoming a trustworthy ally
- 6. Defines appropriate Calls to Action pertinent to their personal and professional life
- 7. Has tools and resources to use in their own recovery from colonization